

FROM THE EDITOR

CYCLING BOOTS with scrunched up newspaper in them. Thick gloves on the radiator. It's here again: winter. It's traditional for editors to say something like 'there's no such thing as bad weather, only unsuitable clothes'. There is such a thing as bad weather. I'm looking at it. Earlier on, I was in it.

Despite feeling a bit sleepy afterwards, as I got home and became suffused with indoor warmth and mugs of tea, I'm glad I went. Even at the bleakest time of year, cycling is better than not cycling. Not cycling ends in irritation and apathy, a sense of unsatisfaction, of a day somehow slightly wasted. However busy a day is, it can always be improved by cycling.

Parents who put a bicycle by the Christmas tree for a child will find that's true even of an especially busy day. Those breath-pluming minutes out in the winter air, as the shiny new bike (or balance bike – see p71) is put through its paces... they could shape the mood of the whole day, for the whole family.

I'm sure that's true for us adults too. Not the bicycle by the Christmas tree; I've got guite a few bikes and don't urgently need another - or anything else. I'd be happy with a gift that involves wrapping up rather than unwrapping; not a bike but a bike ride. Maybe I'll get that for myself. Who's for a quick spin before the mince pies?



Dan Joyce

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Clockwise from far left: R Bevis, P Gillingham, whiteicecycle.com

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On the cover Winter cyclists in Austria. By Leo Himsl © INSADCO Photography / Alamy

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