

THE MAGAZINE OF CTC – THE UK'S NATIONAL CYCLISTS' ORGANISATION

JUNE-JULY 2009 £3  
FREE TO CTC MEMBERS

# cycle



Founded in 1878



working for cycling

GLIDE TO WORK – THE SLOW CYCLING MOVEMENT ■ DIGITAL MAPPING ■ MOUNTAIN BIKING THE STEVENSON TRAIL ■ MAKING TRACKS: CTC OFF-ROAD ■ BROOKS SADDLES



**Maps on your monitor**

Digital mapping for cyclists

**Mountain bike touring**

Off-road in the Cévennes

# *Glide to work*

Practical cycling? No sweat.

**WWW.CTC.ORG.UK/MTB – CTC'S OFF-ROAD WEBSITE GOES LIVE!**

## FROM THE EDITOR



'You look like someone out of the X-Men.' Thus my teenage son, as I walk into the house post-race in a black Lycra skinsuit, silver shoes, yellow shades, and an elongated aero helmet.

He's right – assuming there's a place in the superhero team's line up for Middle-marker Man. Sporty bike clothing does look weird. And that's fine: it has its place, just like running vests or swimsuits. That place isn't between A and B on that four-mile trip across town. For that, any Lycra looks as normal as a pair of Speedos.

To normalise cycling, it has to be seen as a normal activity that a normal person can do in normal clothes. We don't need a bonfire of our own bike geek vanities. We can keep our Lycra, our clipless pedals, our sporty bikes, even our reflective tabards and helmets for those who choose to use them. But it'd help if we didn't reinforce the idea that a cyclist has to have these things.

For utility cycling, all you really need is the right bike: a practical one that you can ride in whatever you're wearing.

*Dan*



20



82



58

# CONTENTS

**Cycle** is the magazine of CTC – the UK's national cyclists' organisation.

The magazine promotes the work of CTC and the CTC Charitable Trust (Registered Charity No. 1104324). Formed in 1878, CTC is the UK's largest cycling membership organisation with 70,000 members and affiliates. To join CTC, turn to page 79 and contact the Membership Dept.

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CTC (Cyclists' Touring Club) is a company limited by guarantee registered in England No. 25185

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Cycle is published six times per year on behalf of CTC by James Pembroke Publishing, 90 Walcot Street, Bath, BA1 5BG. Tel: 01225 337777. Cycle is copyright CTC, James Pembroke Publishing and individual contributors. Reproduction in whole or in part without permission from CTC and James Pembroke Publishing is forbidden. Views expressed in the magazine are those of the individual contributors and do not necessarily reflect those of the editor or the policies of CTC. Advertising bookings are subject to availability, the terms and conditions of Mongoose Media and final approval by CTC. Printed by St Ives (Plymouth) Ltd, Eastern Wood Road, Plympton, Plymouth, PL7 5ET. Tel: 01752 349431

**Cover picture:** CTC's Victoria Hazael and Chris Peck, cycling in London. By Chris Juden

## Features

### 20 Treasured highland

Mountain biking in the footsteps of Robert Louis Stevenson

### 28 Together on tour

The cycling solutions of two CTC members with disabled partners

### 35 Made in Britain: Brooks

Where leather saddles have been made for over a century

### 38 Maps on your monitor

Which digital mapping program is best for you?

### 45 Making tracks

Interview with CTC's off-road access expert Colin Palmer

### 48 Glide to work

Working up a sweat on your commute to work? Not so fast...

## Regulars

04 **CTC Shop**

06 **News**

16 **Your letters**

26 **Holiday guide**

32 **Down your way**

56 **Health**

58 **Cycling answers**

64 **Gear reviews**

70 **CTC member benefits**

75 **What's on**

76 **CTC small ads**

77 **Prize draw**

79 **CTC contacts**

82 **Travellers' Tales**

83 **CTC Cycling Holidays**

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