

Submission to the Commons Transport Committee for its evidence session on **Cycle Safety**

further to the Committee's 2012 inquiry on the Government's Road Safety Strategy

Introduction

- CTC, the national cycling charity, was founded in 1878. CTC has 70,000 members and supporters, provides a range of information and legal services to cyclists, organises cycling events, and represents the interests of cyclists and cycling on issues of public policy.
- 2 CTC's 'Safety in numbers' campaign (www.ctc.org..uk/campaign/safety-in-numbers) has shown that 'more' and 'safer' cycling can and should go hand in hand, as well as calling for the actions needed to ensure that they do. CTC's ongoing 'Road Justice' campaign (www.roadjustice.org.uk) is highlighting the inadequacies of the responses to bad driving from the police, prosecutors and the courts, while calling for action to improve these.
- CTC played a key role in shaping the Times newspaper's 8-point 'Cities fit for cycling' manifesto¹, and the subsequent parliamentary 'Get Britain Cycling' inquiry and report², whose 18 recommendations we strongly endorse. CTC's President, the broadcaster Jon Snow, gave evidence both at the Commons Transport Committee's original inquiry on the Government's road safety strategy³, and the 'Get Britain Cycling' inquiry⁴, emphasising the importance of 'leadership' in order to get Britain cycling.
- In response, the Prime Minister has now publicly stated his ambition to launch a "Cycling revolution". The Government is now drafting a Cycle Delivery Plan, aimed at fulfilling this ambition. CTC is represented on the steering group providing high-level input to this Plan, and recently hosted 3 days of discussions with Department for Transport (DfT) officials⁵ to discuss proposals. We also have regular dialogue with officials from DfT and other departments or governmental bodies, including the Highways Agency.

Summary

- 5 Cycling is essentially a safe activity, causing little risk either to cyclists themselves or to other road users. Its health benefits far outweigh the risks involved, i.e. despite those risks, cycling significantly increases one's average life expectancy. Moreover, there is good evidence that cyclists gain from 'safety in numbers', with cycling typically becoming safer as cycle use increases. In other words, more and safer cycling can, and should, go hand in hand.
- 6 Cycle safety is nonetheless a good deal worse in Britain than in many neighbouring continental countries. Despite its health and other benefits, people in Britain are deterred from cycling (or from allowing our children to do so) by both the actual and perceived risks involved.
- To maximise the health, economic, environmental and other benefits of more and safer cycling, the focus of action nationally and locally needs to be on removing those actual and perceived risks: unsafe road and junction designs, traffic volumes and speeds, irresponsible driving (and a legal system that fails to respond adequately to this), and lorries.
- Cycle training also plays an important role, not only in giving would-be cyclists of all ages the confidence and skills needed to cycle safely and legally, but also in improving driving standards as part of the driver training process, particularly for drivers of lorries and other large vehicles.

See www.ctc.org.uk/news/2012-02-09/cities-fit-cycling

² See www.ctc.org.uk/campaign/get-britain-cycling
³ See www.ctc.org.uk/news/2012-07-17/road-safety-inquiry-highlights-lack-of-government-leadership-on-cycling

See www.ctc.org.uk/ministers-police-and-jon-snow-appear-appcg

⁵ See www.ctc.org.uk/blog/roger-geffen/ctc-in-3-day-talks-on-delivering-pms-cycling-revolution

Q1: Is cycling safe?

Comparisons with other transport and recreational activities

9 Cycling is not an especially risky activity. On average, 1 cyclist is killed on Britain's roads for every 26 million miles travelled by cycle, equating roughly to 1 cycle fatality for every 1000 times cycled round the world.⁶ You are about as unlikely to be killed in a mile of cycling as a mile of walking⁷, and less likely to be injured in an hour of cycling than an hour of gardening⁸. More information on the low risks of cycling are in CTC's 'Road safety' campaigns briefing.⁹

Health versus safety

10 By contrast, the health benefits of cycling are vast. A person who cycles regularly (but not strenuously) in mid-adulthood typically enjoys a level of fitness equivalent to someone 10 years younger, and has a life expectancy two years above the average. It has been estimated that, thanks to these extra life-years, the health benefits of cycling outweigh the risks involved by around 20:1, a figure now endorsed by the UK Government. A population-wide study in Copenhagen found that, compared with those who cycled regularly to work, people who did not do so had a 39% higher mortality rate, regardless of whether or not they sometimes took part in other physical activities at other times.¹⁰

Safety impacts on other road users

- 11 Although cycling is relatively (but not exceptionally) risky for the user compared with most other transport modes, the opposite is true if you consider how little risk cyclists impose on other people. In 2012, 98% of killed or seriously injured (KSI) pedestrians in urban areas (i.e. where pedestrians are most likely to be) resulted from collisions with motor vehicles.¹¹
- 12 A CTC analysis of Department for Transport (DfT) data for 2005-07¹² revealed that, per urban mile travelled (excluding motorways, where cyclists and pedestrians are prohibited), cars are 2.3 times more likely than cycles to be involved in a pedestrian injury, and 3.2 times as likely to be involved in a pedestrian fatality. The ratios of danger presented to pedestrians and cyclists by each class of vehicle are displayed in the following table. CTC's 'Safety in numbers' booklet¹³ provides further information on the low risks of cycling to other road users.

'Safety in numbers': more and safer cycling can, and should, go hand in hand

13 There is also good evidence that increased cycle use can be good for the safety of cyclists themselves – i.e., that cyclists gain from 'Safety in Numbers'. This can be seen both from international comparisons, from trends over time in both Britain and the Netherlands, and from CTC's own comparison of cycle use and cyclists' safety in different parts of Britain.

⁶ Calculated by CTC using figures from the DfT (*Road Traffic Statistics 2012*, table TRA0401, and *Reported Road Casualties Great Britain 2012* and *Reported Road Casualties Great Britain 2012* table RAS30001), www.dft.gov.uk/statistics.

⁷ See Department for Transport, *Reported Road Casualties Great Britain Annual Report 2011* (DfT 2012) Chart 5b, p25, www.gov.uk/government/uploads/system/uploads/attachment_data/file/9280/rrcgb2011-complete.pdf.

⁸ Powell KE et al (1998), http://journals.lww.com/acsm-msse/Abstract/1998/08000/Injury rates from walking, gardening, 10.aspx.

See www.ctc.org.uk/campaigning/views-and-briefings/road-safety-and-cycling-overview.

¹⁰ For references and further information, see CTC's briefing on cycling and health www.ctc.org.uk/campaigning/views-and-briefings/health-and-cycling.

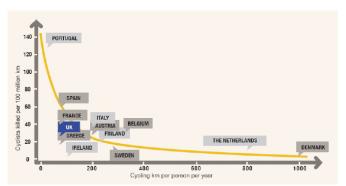
Department for Transport, Reported Road Casualties Great Britain 2012, table RAS40004, www.dft.gov.uk/statistics.

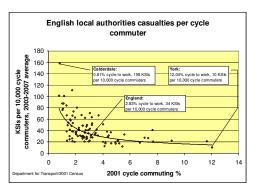
¹² Calculated from Department for Transport, *Road Casualties Great Britain* reports for 2005 to 2007. www.dft.gov.uk/statistics.

¹³ Downloadable from www.ctc.org.uk/campaign/safety-in-numbers.

Ratio, cycle: other vehicle – rate of involvement (per mile travelled on urban streets) in pedestrians' or cyclists' injuries or fatalities

| Vehicle involved | Cycles | PTWs (motorcycles + scooters) | Cars | Buses/ coaches | Light goods vehicles | Heavy goods vehicles |
|-----------------------------|--------|-------------------------------|------|-------------------|----------------------------|----------------------------|
| Pedestrians deaths | 1.0 | 14.3 | 3.2 | 26.6 | 2.5 | 16.5 |
| Pedestrian serious injuries | 1.0 | 5.7 | 2.1 | 7.5 | 0.8 | 1.7 |
| All pedestrian injuries | 1.0 | 6.3 | 2.3 | 8.6 | 0.9 | 1.6 |
| | | | | | | |
| Cyclist deaths | 1.0 | 1.7 | 1.1 | 7.2 | 1.1 | 21.0 |
| Cyclist serious injuries | 1.0 | 4.3 | 3.7 | 6.4 | 1.8 | 5.6 |
| All cyclist injuries | 1.0 | 5.0 | 4.9 | 7.7 | 1.9 | 4.2 |





14 In 2011, 61% of people surveyed on their attitudes agreed or strongly agreed that "it is too dangerous for me to cycle on the roads." If we are to successfully deliver both 'more' and 'safer' cycling, it is vital to tackle the sources of danger and fear which deter people from cycling, and not to exacerbate those fears with misguided 'safety awareness' campaigns which overstate the risks of cycling. We return to these sources of danger and fear, and ways to overcome them, in answer to Questions 2 and 3.

Targets/indicators to encourage more, as well as safer, cycling

- 15 In its previous report on the Government's Road Safety Strategy, the Commons Transport Committee rightly criticised the Strategy's lack of any targets. However simplistic casualty reduction targets can be even more problematic than having no targets at all. These have in the past created a perverse incentive for road safety officers *not* to encourage cycling, for fear that more cycle use would undermine those targets.
- 16 CTC therefore supports the Government's adoption of rate-based indicators to measure cycle safety, e.g. measuring cycle casualties per million km rather than simply the number of cyclist casualties (although we would have preferred rate-based targets). We now encourage the use of similar rate-based targets or indicators for local road safety policies too.
- 17 CTC nonetheless recognises that many councils, particularly shire counties, lack the cycle use data needed to measure the risk of cycling reliably. Yet they could easily measure public perceptions of the safety of cycling, either in addition to a 'risk-based indicator, or as a substitute for it while developing their cycle use monitoring capacity. Perception-based indicators focus attention on the need to overcome perceived as well as actual danger. Reducing fear can be expected to boost cycle use, leading in turn to improvements in actual cycle safety, via the 'safety in numbers' effect.

¹⁴ DfT/NatCen. 2011 British Social Attitudes Survey. Jan 2012. www.natcen.ac.uk/study/british-social-attitudes-28th-report.

CTC proposes the following commitments for Government's forthcoming Cycling Delivery Plan:

- Targets should be set for increased cycle use, in line with those proposed in the parliamentary 'Get Britain Cycling' report. These should be backed up with both national and local targets for improved cycle safety, measured both in 'rate-based' terms (e.g. risk per mile or per trip) and in terms of public perceptions of cycle safety.
- Long-term funding should be made available for delivering increased cycle use and improved cycle safety, as recommended by the 'Get Britain Cycling' report (i.e. at least £10 per person annually, rising to £20 as cycle use increases.

Q2: What could central and local government do to improve cycling safety?

- 18 If we are to encourage more as well as safer cycling, the key sources of danger and fear to be tackled are: unsafe roads and junction designs, traffic volumes and speeds, irresponsible driving (and a legal system which fails to respond adequately), and lorries.
 - Safe and attractive cycling conditions: the essential role of traffic and speed reduction
- 19 Cycle planning contributes to wider aims of reducing motor traffic and safer streets. However, it also depends on wider measures to achieve those aims.
- 20 A report for DfT by University College London found that: "The key relationship is between car use and physical activity. In order to increase levels of physical activity, it is necessary to reduce use of the car."15 Traffic reduction can be achieved on an area-wide basis (e.g. through various forms of road user or parking charges, or simply by reducing the availability of road or parking space), or on a more localised basis through the technique of "filtered permeability" (i.e. allowing pedestrian, cycle and/or public transport access.
- 21 In terms of safety, a Transport Research Laboratory report found that the most important infrastructure-related measure for improving cycle safety was to reduce motor traffic speeds, whether through lower speed limits, high quality street design or by safe junction design (e.g. use of traffic signals, tight corners, providing clear cycle priority)¹⁶.
 - Comprehensive networks of safe, convenient and attractive routes, suitable for all journeys by all people
- 22 The aim should be to create comprehensive networks of routes for cycling, which are not only safe but also convenient, direct, coherent and attractive, for people of all ages, backgrounds and abilities. These networks should encompass the whole of the road network, thereby providing access to the full range of destinations people wish to reach. However, they should be supplemented wherever possible with high-quality traffic-free routes, making cycling not only safer but more attractive and convenient than car travel.
- 23 Broadly speaking, good cycle routes will tend to fall into 3 categories:
 - High-quality traffic free routes: these need to have decent widths, surfaces and sightlines. and with convenient access to and from the surrounding road network.
 - Routes using streets with low traffic volumes and speeds: 20mph should be the normal speed limit for most streets in built-up areas and villages, with 40mph or lower speed limit zones being developed for rural lane networks.

¹⁵ UCL, Transport, Physical Activity and Health (2011). www.ucl.ac.uk/news/pdf/transportactivityhealth.pdf.

- Dedicated space on or alongside busy main roads, bearing in mind that these are usually
 the most direct routes for anything more than very short cycle trips, with many key
 destinations along them. Main road cycle facilities should preferably be segregated,
 however it is essential to do this in ways that avoid creating conflict with pedestrians, and
 which maintain cyclists' safety and priority at junctions and other points were cyclists
 must join or rejoin the carriageway. For more on the design criteria for quality segregated
 facilities, see our response to Q3.
- 24 Photographs in the appendix illustrate a variety of techniques that can be used to create cycle-friendly streets with low traffic volumes and speeds, or traffic-free routes.
- 25 CTC has strongly advocated the concept of "cycle-proofing", i.e. ensuring that consistent high standards of cycle-friendly planning and design are incorporated into all highway and traffic schemes. The same goes also for new developments and even for planned road maintenance work. New York City's Department of Transport has shown how high quality cycle facilities can be introduced very cost-effectively, by installing them in conjunction with a planned resurfacing of the carriageway.
- 26 The Government and Highways Agency issue a variety of design guidance on cycle-friendly infrastructure and planning. Their underlying principles are generally sound, but they are contradictory and woolly. In practice, a lot of really awful designs are adopted, which is often entirely compliant with at least one of the available guidance documents. Meanwhile engineers and planners, from local authorities and the Highways Agency alike, readily admit they have had little or no training in the principles of cycle-friendly planning and design. This situation needs to be rectified, if cycle-friendly planning and design is to become the norm.

- The Departments for Transport (DfT) and for Communities and Local Government (CLG) should collaborate with local authorities, the Highways Agency, cycling stakeholders, professional institutions and others to ensure that consistent high standards of cyclefriendly design are incorporated into all highway and traffic schemes, all new developments and all planned highway maintenance work.
- These partners should collaborate to draw up new design standards and guidance (based on continental best practice), regulatory changes, design and audit processes and professional training to ensure high-quality cycle provision in all the above scheme-types. These rule changes should include the means to give cycle tracks priority at unsignalised crossing points, 'Dutch roundabouts' and signalised junctions, including cyclists' traffic lights.
- 20mph speed limits should become the norm for urban streets, with highway authorities
 having the freedom to identify appropriate exceptions. Zones of 40mph or lower limits
 should be widely introduced for rural lane networks.

<u>For more information</u>, see CTC's campaigns briefing on cycle-friendly planning and design: www.ctc.org.uk/campaigning/views-and-briefings/cycle-friendly-design-and-planning-overview.

Raising driving standards: incorporating cycle awareness into driver training and testing

27 The Government will shortly publish a Green Paper on the training and testing of young or novice drivers. CTC fully supports the anticipated proposals to require drivers to have a minimum number of lessons, and to reach the age of 18, before they can obtain a full driving licence. We also support restrictions on young drivers carrying young passengers at night, and for 'graduated' licensing, whereby novice drivers forfeit their licence after accumulating just 6 points (instead of 12) for a period after passing their test.

- 28 However CTC also believes the Green Paper is a vital opportunity to incorporate cycle awareness, and indeed some actual cycle training, into the driver training and testing process and not just for young and novice drivers either. We believe the minimum of 25 hours of instruction should include at least 5 hours of cyclist awareness training, preferably consisting of actual cycle training. This would not only raise drivers' understanding of how to interact with cyclists, but also encourage them to view cycling as a serious alternative to driving beyond the age when they acquire a licence.
- 29 We also believe actual cycle training should be a requirement for obtaining a bus or goods vehicle driving licence, and that cycle training should be a compulsory part of the drivers' Certificate of Professional Competence (CPC) process. A growing number of local authorities are requiring their fleet drivers (e.g. those driving refuse vehicles) to undertake cycle training, with drivers themselves reporting positively on the experience.
- 30 Public cycle safety awareness campaigns should focus on the importance of looking for cyclists at junctions, and leaving space for cyclists when overtaking. Drivers need to know that cyclists are trained to avoid being too close to the kerb, or to parked cars, for their own safety (e.g. so they do not have to swerve outwards to avoid potholes).

- Cycle awareness, and preferably actual cycle training, should be incorporated into the
 driver testing and training process, particularly for drivers of lorries and other large vehicles.
 This should be included in the forthcoming Green Paper on driver testing and training.
- **Driver awareness campaigns** should focus on the need to look for cyclists at junctions, and to leave space when overtaking them. They should explain why cyclists avoid staying close to the kerb or to parked car doors, for their own safety.

Cyclists' behaviour and the role of cycle training

- 31 CTC supports responsible behaviour by all road users. We do not defend irresponsible cycling, any more than the AA or RAC defend irresponsible driving. Moreover we strongly support increased resources for road traffic policing see next section.
- 32 However it is important not to overstate the role of irresponsible cycling in serious or fatal collisions. Police data suggest that, in collisions between a cyclist and a motor vehicle, the police are about 3 times more likely to attribute responsibility solely to the driver than to the cyclist. A Transport for London analysis of serious or fatal cyclists' injuries in London suggest that around 5% involve disobedience of junction controls by cyclists, whereas 15% involve disobedience by drivers.¹⁷
- 33 Cycle training can nonetheless play a valuable role, not only in giving people the confidence and skills to cycle more often, but also in encouraging responsible attitudes and behaviour. It can raise awareness particularly among younger cyclists of the intimidation (as well as the actual risks) that they can pose to pedestrians who are frail or who suffer mobility or sensory impairments. CTC fully recognises that they too want to be able to get around without fear (as well as without danger), just as cyclists themselves do.

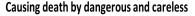
¹⁷ See www.ctc.org.uk/blog/roger-geffen/boris-wildly-wrong-to-claim-23-serious-and-fatal-cycling-injuries-are-due-to-law-b. Further information showing the limited role of cyclist offending in their own and other road users' injuries is in CTC's campaigns briefing on 'Cyclists and the law': www.ctc.org.uk/campaigning/views-and-briefings/cyclists-behaviour-and-law.

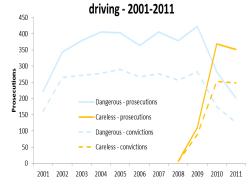
• **Cycle training** should be made widely available, not just for young children and adults but also for teenagers and for adults wishing to discover or rediscover cycling in later life. It could also be used by the police as a sanction for minor cycling offences (i.e. those which were not endangering others), in the same way that driver retraining is used for offending drivers.

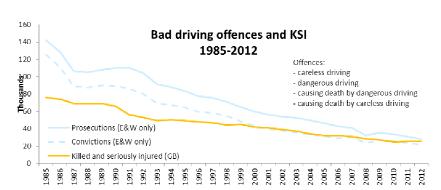
For more information see www.ctc.org.uk/training.

Road Traffic law and enforcement

- 34 Too often, when drivers have killed or seriously injured other road users, the legal system's response is woefully inadequate. Poor police investigations and/or weak prosecution decisions often result in derisory sentences, or cases being dropped altogether. This not only encapsulates society's complacent attitudes to other people's safety on the roads, but also perpetuates it with pedestrians and cyclists being disproportionately the victims.
- 35 CTC's 'Road Justice' campaign (www.roadjustice.org.uk) seeks to improve the policies, resources and performance standards of police, prosecutors and the courts in relation to bad driving offences. It has also highlighted:
 - Large cuts to roads police numbers they have fallen by 29% in the past decade, even though total police force numbers have remained virtually unchanged;¹⁸
 - Substantial local variations in the depth of cuts to roads policing;¹⁹
 - Similar local disparities in the proportion of drivers who have points on their licences;²⁰
 - Falling numbers of 'careless' and 'dangerous' driving prosecutions and convictions, which are far steeper than the falls in fatal or serious road casualties.
 - A massive decrease in prosecutions for "causing death by dangerous' driving", with the lesser offence of "causing death by careless driving" becoming the default charge.







For sources, see CTC's 'Traffic policing' briefing: www.ctc.org.uk/campaigning/views-and-briefings/traffic-police-and-other-enforcement-agencies.

36 CTC's 'Road Justice' campaign has already published a booklet on the failings of road policing (downloadable from the website above). It includes harrowing personal stories of apparent police failings; data to show that these are not one-off failings; and a 10-point charter for improving roads policing. Several police forces or Police and Crime Commissioners have signed up to the charter's recommendations, either in full or in part.²¹

¹⁸ See <u>www.ctc.org.uk/traffic-police-numbers-fall-29-in-10-years</u>.

¹⁹ See www.ctc.org.uk/which-police-force-has-seen-biggest-drop-in-traffic-policing.

²⁰ See www.ctc.org.uk/news/where-do-drivers-have-most-penalty-points.

²¹ See www.ctc.org.uk/news/road-justice-reveals-which-police-forces-are-committed-to-road-safety-for-cyclists.

- 37 Prompted by the launch of CTC's 'Road Justice' campaign, the Government has set up a crossorganisational justice review group, bringing together the Department for Transport (DfT), Home
 Office, Ministry of Justice (MoJ), police, Crown Prosecution Service and Sentencing Council,
 to address the legal system's multiple failings. The Sentencing Council has undertaken to
 review its sentencing guidelines for serious bad driving offences, and the Crown Prosecution
 Service has indicated it is minded to follow suit with the corresponding prosecuting
 guidelines. CTC believes it is vital to integrate these two processes. The aim should be to
 stop dismissing driving which has caused what is obviously serious danger as merely being
 'carelessness' (this, we believe, is wrong in law), but at the same time to make greater use of
 driving bans (rather than prison sentences) for 'dangerous' offences which involve a driver
 who is not considered so dangerous as to need to be locked up for the public's protection.
- 38 CTC has highlighted the lack of integration of the police's 'STATS 19' data (which describes the circumstances of road collisions (including among other things the types of road-users involved in collisions, and who suffered injuries of what severities) and the justice system data, which shows how many prosecutions and convictions there were for different driving offences, and the resulting sentences. The lack of such a linkage means the Government cannot say (for instance) how many injuries or fatalities to cyclists (or any other road user type) led to drivers (or particular types of driver, e.g. lorry drivers) being prosecuted or convicted, or for what driving offences, or what sentences they received.
- 39 At CTC's prompting, DfT and MoJ are now committed to investigate options for improving both the data on and accountability of how the legal system responds to bad driving, both locally and nationally. However, individual road crash victims and bereaved families also need better access to information about who is making what decisions about the handling of their cases. At present, the victims of non-fatal injuries have no rights under the Victims' Charter if the police believe the driving was merely 'careless' (rather than 'dangerous'). This deprives them of rights to information, making it very hard for them to challenge the police or prosecutors when (as often happens) they feel that legally incorrect decisions are being made.

- Roads policing needs to be given far higher priority and resources by the Home Office,
 Police and Crime Commissioners and by police forces. This is important not only for deterring traffic offences but also to substantially improve road crash investigations and victim support.
- **Guidance** on both the **prosecution and sentencing** of bad driving offences should be reviewed, (a) to prevent driving which caused obviously foreseeable danger being dismissed as mere "carelessness" and (b) to make greater use of driving bans for those who have driven dangerously but who do not need to be locked up for public protection.
- The Department for Transport and Ministry of Justice should collaborate to improve the **data** on (and public accountability of) the police, prosecutors' and courts' responses to bad driving.
- Road crash victims and bereaved families should be offered better support and information about decisions relating to their individual cases.

<u>For more information</u>, see <u>www.roadjustice.org.uk</u>, and particularly CTC's series of Road Justice briefings on roads policing, prosecutors and the courts, and the legal framework and sentencing – all downloadable from <u>www.roadjustice.org.uk/information/legal</u>.

Goods vehicles

40 As the table on p3 shows, lorries have a relatively low involvement rate in cyclists' injuries, but a very high involvement rate in cyclists' fatalities – i.e. a collision with a lorry is disproportionately likely to prove lethal. Lorries cover only 5% of vehicle mileage in Britain, yet they account for around 20% of cyclists' fatalities (and around 15% of pedestrian fatalities), rising to over 50% of cyclist fatalities in London. Their involvement rate in cycle fatalities is far higher than that

of buses. The difference is likely to be that lorry drivers sit high up and are surrounded by metal, whereas bus drivers are much lower, and are able to see cyclists both in front and to the side of them thanks to a much larger area of window. Most lorry-cyclist fatalities involve a left-turning lorry, with the cyclist generally being hit by the front (typically the front corner) of the lorry, rather than by the side.²²

- 41 These facts in turn indicate that those (such as the Mayor of London) who attempt to point fingers either at cyclists or at lorry drivers are wide of the mark. CTC's 'Road Justice' campaign has recorded several cases lorry drivers being convicted for causing deaths and serious injuries e.g. the driver who left Times journalist Mary Bowers in a near-coma was using his mobile phone beforehand²³. However a far more important point is that the lorry itself is an inherently dangerous machine, whose design is simply not appropriate for urban streets.
- 42 According to the principles of risk management, the primary aim should be to eliminate or reduce risk training people to avoid risks should only be deployed once the source of risk has been eliminated as far as possible. Aside from improved cycling infrastructure (notably on main roads and junctions), the most appropriate solutions are therefore: (a) to redesign lorry cabs to improve drivers' visibility of pedestrians and cyclists; and (b) simply to reduce the numbers of lorries on busy streets at busy times.
- 43 Although these are the 'big wins', it must be admitted that neither of them are 'quick wins'. Progress can be made meanwhile (a) by making it standard to fit cameras and sensors onto all lorries operating on urban streets, (b) by providing actual cycle training (not just cycle awareness training) for lorry drivers see paragraph 29, and (c) by raising cyclist awareness of the risks of overtaking lorries on the left hand side, e.g. through stickers on the rear of lorries, through cycle training and through 'Exchanging Places' events (where cyclists get to sit in lorry cabs to see the extent of the driver's 'blind spot').

Recommendations

- The Government, freight industry and other stakeholders should collaborate (and to lobby the EU as required): (a) to improve the design standards of lorry cabs notably by reduce the height of the driver and the amount of window area both in front and to the sides of the driver; (b) to establish consistent standards for camera and sensor systems; (c) to incorporate cycle training into the training and Continuous Professional Competence processes for lorry drivers; and (d) to raise cyclist awareness of the risks of riding on the left hand side of lorries.
- The Government should research continental best practice on ways to reduce the numbers
 of lorries on busy roads at the busiest times, including the option of peak-time lorry bans.

<u>For more information</u>, see CTC's briefing on goods vehicles: <u>www.ctc.org.uk/campaigning/views-and-briefings/goods-vehicles-lorries-hgvs-vans-etc</u>.

Q3. Is it desirable and feasible to segregate cyclists from other road users?

44 As noted in paragraph 23, CTC's preference for cycle provision on main roads is for some form of physical segregation, but with the caveat that this has to be done without creating conflict with pedestrians, or undermining cyclists' priority and safety at junctions. 75% of cyclists' collisions occur at or near junctions²⁴, so their safety at these conflict points is of key importance. If done badly, segregation can exacerbate these conflicts, rather than resolving them. Unfortunately, segregation in the UK is normally done to very poor standards. This needs to change. The appendix overleaf highlights some of the problems and their solutions.

²³ Department for Transport, Report Road Casualties Great Britain, table RAS20006, www.dft.gov.uk/statistics.

²² For references, see CTC's briefing on goods vehicles – link as above.

²⁴ See www.roadjustice.org.uk/case-study/driver-who-hit-mary-bowers-charged-dangerous-driving-only-fined-tachograph-offence-d1111. Others include the drivers involved in the deaths of cyclists Eilidh Cairns, Cat Patel and Brian Dorling.

Appendix: infrastructure problems and solutions

The following photos illustrate various techniques for creating quality cycling conditions on lightly trafficked roads or city-centre streets.







Low speeds

'Filtered permeability'

Home zones







Car-free streets

Psychological traffic calming

High-quality off-road routes

In most EU countries, drivers making any turning movement at a junction (including at traffic lights where they have a green light) are required to stop and give way to both pedestrians and cyclists alongside them who are going straight ahead. Without this rule, cyclists using segregated tracks in the UK are typically at greater risk of being cut up by left-turning vehicles than they would be if they avoided using the cycle tracks altogether. The difference is illustrated by the two photos below.



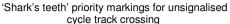
A Danish driver waits before turning at green light while cyclists (with their own green light) pass on inside



UK driver 'left hooks' cyclist on Cycle Superhighway CS2

The following photos show various design features which are normal in continental countries, but which are currently not permitted in the UK (although an off-street trial at the Transport Research Laboratory is now underway²⁵).







Cyclists' traffic lights



Dutch roundabout

The Department for Transport is planning an update to its 'Traffic Signs Regulations and General Directions' in 2015, with consultation taking place in 2014. However, many of the councils who have received the Government's 'Cycle City Ambition' and cycle safety grant funding wish to start piloting these innovations, before their funding runs out in 2015.

Recommendations

- In addition to incorporating continental best practice standards into GB design guidance (see paragraphs 18 to 26), CTC urges the Government to adopt continental-style rules and traffic markings, to give cycle tracks the same level of safety and priority as they would in other EU countries. This should be done via the forthcoming update to the UK's traffic signs regulations.
- The Department for Transport should meanwhile authorise pro-active councils to trial these measures as soon as possible, pending full authorisation.

For more information, see www.ctc.org.uk/news/ctc-calls-for-swift-progress-mcloughlin-promises-cycle-proofing-action.

²⁵ See www.ctc.org.uk/news/dutch-style-roundabouts-and-low-level-signals-tested, www.ctc.org.uk/blog/chris-peck/cycle-infrastructure-trials-could-finally-mean-good-cycle-tracks-are-built-0