

see *England and Greater Manchester*

(Unitary Authorities of Blackburn & Blackpool included)

Latest News

Lancashire Cycling News (2010) [download only](#)

Cycle maps

Blackpool, Fylde & Wyre Cycle Map (2010)

Cycle in Burnley and Padiham (2010)

Cycle Chorley (2010)

Cycle Hyndburn (2010)

Lancaster and Morecambe Walking & Cycling Map (2010)

Cycle Ormskirk (2010)

Cycle Pendle ([due Spring 2012](#))

Preston & South Ribble Cycle Network (2010)

Cycle Rossendale (2010)

Cycle Skelmersdale (2010)

Lancashire Cycle Map ([due Spring 2012](#))

Blackburn with Darwen Town Centre Maps including Cycle Routes FREE (March 2006)

National and Regional Cycle Routes

Lancashire Cycleway Cycle Route 90 & 91 (2003) 260 mls (signposted)

([due to be replaced by Lancashire Cycle Map in spring 2012](#))

Preston to Lancaster (NCN 6) (2003)

Lancaster to Kendal (NCN 6)

Pennine Cycleway Lancashire Section (NCN 68) (2003) Burnley-Colne-Barnoldswick [download only](#)

Preston-Lytham St Annes-Blackpool (South) (NCN 62) (2007) Amounderness Cycleway serving the Fylde Coast

[download only](#)

([these national and regional leaflets will be discontinued when new Lancashire Cycle Map comes out in Spring 2012](#))

Local Routes

Brun Valley Greenway links the centre of Burnley with Briercliffe, Pike Hill and Brownside [download only](#)

Padiham Ightenhill Burnley Cycle Route (2002) [download only](#)

Hyndburn Greenway (NCN 6) Links Accrington with Blackburn, Rishton, Church over Baxenden [hard copy only](#)

Cycle Rides

Family Cycle Routes in East Lancashire, 6 routes (2004) [download only](#)

Cycle & See Arnsdale & Silverdale AONB 5 circular rides of 11-26 mls between Arnsdale and Kirkby Lonsdale (see *Cumbria*)

Cycling into Railway History Padiham Loop: Padiham-Rose Grove

Bowland By Bike Five stunning cycling routes to explore this beautiful area

Cycling for All 2, Lancaster, Morecambe & The Lune Valley (July 2009) www.celebratingcycling.org

City, Coast & Countryside Circuit, Lancaster-Morecambe-Hest Bank circular route

The Grand tour of Pendle Cycle Route (May 2005) Colne-Trawden-Earby-Barnoldswick-Sabden Fold-Colne 35 mls

Cycle Rides in West Lancashire (2005) All rides start from Railway Stations

includes circuits from Appley Bridge 17 mls; New Lane 23 mls; Ormskirk 21 mls; A Grand Tour of West Lancashire 38 mls

Ribble Coast and Wetlands Cycle Rides (2010) www.ribblecoastandwetlands.com

5 rides from 10-22 mls

Cycling around Blackburn and Darwen FREE BOOKLET (2008)

six great routes in the town and country to the west of Pennine Lancashire

Mountain Biking

Mountain Biking in Lancashire ([due to be updated Spring 2012](#))

Includes West Pennines Moors Loop; Mary Towneley Loop; Adrenaline Gateway (Lee Quarry), Gisburn Forest, The North Lancashire Bridleway

North Lancashire Bridleway Phase 1 Lancaster/Chipping 28 mls [download only](#)

Gisburn Forest Bike Trails www.forestofbowland.com/files/uploads/pdfs/leaflets/Gisburn%20Leaf%20130510.pdf

fantastic mountain biking in the Forest of Bowland from Cocklet Hill (OS 103, GR 745 551) 5/10 mls (7/11)

All of the above free Lancashire County Council maps & leaflets can be downloaded and ordered from
www.lancashire.gov.uk/corporate/web/index.asp?siteid=3732&pageid=12416 (9/11)

Blackburn with Darwen routes download from www.blackburn.gov.uk/server.php?show=ConWebDoc.24794

Billinge Hill & Pleasington; Circuit of Darwen; Darwen Moors; Fenisccliffe circuit; Full tour of Blackburn;

Ramsgreave conquest (7/11)

Gisburn Forest Family Cycle Routes download from www.ribblevalleyholidays.co.uk/leaflets/Gisburn_Forest_family.pdf (7/11)

Forest of Bowland downloadable cycling routes www.forestofbowland.com/cycling (7/11)

Preston Junction Local Nature Reserve

Railpath (OS 102, GR 537 285 & 533 277/552 257 & 555 262) 2 mls
www.lancashire.gov.uk/environment/countryside/sites/prestonj.asp (7/11)

West Pennine Moors Cycling & Horse Riding download routes from www.westpenninemoors.com/visiting_cyclinghorseriding
includes West Pennine Moors Bridleway Loop maps and local bridleway maps (7/11) see *Gtr Mcr* also

Leeds & Liverpool Canal towpath

Burscough/New Springs, Wigan (OS 108, 109, GR 43 10/60 07) 14 mls
British Waterways. www.waterscape.com/canals-and-rivers/leeds-and-liverpool-canal/cycling (7/11)

The Pendle Witches Trail 50p

Pendle Hill/Ribble Valley/Lancaster Castle for car, minibus or bike 45 mls
Visitor Information Centre, Lancaster.) 01524 32878 (2/11)

Harvey Maps: Forest of Bowland for walkers, cyclists and horseriders £9.95 (2008)

Harvey Maps. www.harveymaps.co.uk to order on-line (7/11)

The Lancashire Cycleway, Jon Sparks £10 (*Cicerone* 2007)

On Your Bike in Lancashire, Mike Hutchinson £8.95 (*Countryside Books*)