

ISLE OF MAN – 1 July 2011

Six One-Day Cycle Trails *download from www.iomguide.com/cycleroutemap.php
based on Ramsey, Castletown, Peel, Laxey, Port Erin & Douglas 6/27 mls (signposted) (7/11)*

Isle of Man Mountain Biking Routes, 9 routes *download from www.gov.im/lib/docs/tourism/trails.pdf (7/11)*