

see Somerset

**Dorset on Horseback**, 25 circular trails 50p  
British Horse Society, see England

**East Dorset Cycle Routes, 6 guides** £3.75

**Moors Valley Country Park and Forest Map** FREE BASIC MAP

Explore on foot or bike miles of forest tracks. 4 waymarked cycle trails

**Moors Valley Country Park and Forest Map** £1 (more detailed map)

Moors Valley Country Park, Ashley Heath. ) 01425 470721. Email: [moorsvalley@eastdorset.gov.uk](mailto:moorsvalley@eastdorset.gov.uk)  
[www.moors-valley.co.uk](http://www.moors-valley.co.uk) (9/11)

**The Castleman Trailway** download from [http://www.dorsetforyou.com/media/pdf/2/o/castleman\\_trailway\\_leaflet.pdf](http://www.dorsetforyou.com/media/pdf/2/o/castleman_trailway_leaflet.pdf)

Upton Country Park/Merley (OS 195, GR 992 930/015 981) 4 mls

Staplehill/Dolman's Crossing (OS 195, GR 052 070/070 023) 3 mls

West Moors/Ashley Twinnin (OS 195, GR 080 030/137 050) 4½ mls (7/11)

**Area Cycle Map, Poole Bournemouth Christchurch** FREE (2010/11)

includes Bournemouth Promenade (NCN 2, OS 195, GR 153 910/074 902) 5 mls

(restrictions on use from July/August 10am-6pm)

Poole Promenade (NCN 2, OS 195, GR 07 90/05 88) 2 mls

(restrictions on use from July/August 10am-6pm)

**Greenlink: The Bourne Valley Greenway** FREE LEAFLET

Bournemouth Town Centre to Canford Heath, north of Poole 3½ mls (waymarked)

**Poole Heritage Cycle Route** FREE LEAFLET (updated 2008)

7½ mls, visiting places of historic interest

**Poole double sided map cycleways & footways** FREE (2011/12)

download all from [www.boroughofpoole.com/go.php?structureID=U46406d2f2d56e&ref=S464AD0D58EE1A](http://www.boroughofpoole.com/go.php?structureID=U46406d2f2d56e&ref=S464AD0D58EE1A)

Transportation Services, Borough of Poole. ) 01202 262066. Email: [s.funnell@poole.gov.uk](mailto:s.funnell@poole.gov.uk) (2/11)

**Active Travel Maps, 6 maps** FREE or download from

[www.dorsetforyou.com/activetravelmaps](http://www.dorsetforyou.com/activetravelmaps)

**Sustainable Travel Bridport** including Lyme Regis and Beaminster, a guide to walking and cycling

**Walking and Cycling Map Dorchester** and surrounding villages

**Active Travel East Dorset** including Industrial Estates

**Active Travel Gillingham & Shaftesbury**, a guide to walking and cycling

**Active Travel Sherborne**, a guide to walking and cycling

**Active Travel Weymouth and Portland**, a guide to walking and cycling

Active Travel, Dorset County Council. ) 01305 228228 or local TIC's (7/11)

**Pedal Around Purbeck, general leaflet & 7 individual leaflets** 20p each (2007) or download from

[www.dorsetforyou.com/396552](http://www.dorsetforyou.com/396552)

1. Priors Ride; 2. Rempstone Ride; 3. Castle Ride; 4. Lawrence Ride; 5. East Lulworth Ride; 6. Purbeck Ride

7. The Northport Greenway & Sika Cycle Trail, Wareham, from Wareham Quay to Wareham Forest

Tourist Information Centre, Purbeck. ) 01929 552740. Email: [tic@purbeck-dc.gov.uk](mailto:tic@purbeck-dc.gov.uk) (7/11)

**Cycling in West Dorset, A guide to the NCN Route 2 in West Dorset** FREE LEAFLET (2009) or download from

[www.dorsetforyou.com/media/pdf/h/q/WDDC\\_NCN\\_Route\\_2\\_-\\_Complete\\_A2.pdf](http://www.dorsetforyou.com/media/pdf/h/q/WDDC_NCN_Route_2_-_Complete_A2.pdf)

detailed route map, points of interest and suggested detours

**Cycling in West Dorset, Your guide to the NCN Route 26 in West Dorset** FREE LEAFLET (2008)

Tourist Information Centre, Dorchester. ) 01305 267992 (2/11)

**Dorchester, Recommended Routes for Cyclists** download from [www.atob.org.uk/Dorchester.pdf](http://www.atob.org.uk/Dorchester.pdf) (7/11)

**Dorset Cyclists' Network, Maps & Guides** download from [www.dcn.org.uk/maps.html](http://www.dcn.org.uk/maps.html) (7/11)

**Cycling in East Dorset** download 5 routes from [www.dorsetforyou.com/cycling/east](http://www.dorsetforyou.com/cycling/east) (7/11)

**10 Family Cycle Rides in the Wimborne Area** £1.50 (2008)

Tourist Information Centre, Wimborne. ) 01202 886116 (6/11)

**The West Dorset Pedal** *FREE PACK (2007) or download from*  
[www.westdorset.com/site/things-to-do/activities/cycling/west-dorset-pedal](http://www.westdorset.com/site/things-to-do/activities/cycling/west-dorset-pedal)  
5 cycle routes finding West Dorset's finest food and arts  
Dorset AONB, Dorchester. ) 01305 228239 (6/11)

**The Wessex Ridgeway Official Guide** *download from*  
[www.dorsetforyou.com/media.jsp?mediaid=138754&filetype=pdf](http://www.dorsetforyou.com/media.jsp?mediaid=138754&filetype=pdf)  
Official guide to this long-distance walking, horse riding and cycling trail across Dorset's rural heartland  
[www.dorsetforyou.com/wessexridgeway](http://www.dorsetforyou.com/wessexridgeway) (7/11)

**Support the North Dorset Trailway** *FREE LEAFLET (2009) or download from*  
[www.dorsetaonb.org.uk/assets/downloads/Explore/north\\_dorset\\_trailway\\_leaflet\\_2009\\_-2.pdf](http://www.dorsetaonb.org.uk/assets/downloads/Explore/north_dorset_trailway_leaflet_2009_-2.pdf)  
The route is being developed by Dorset Countryside along the old Somerset and Dorset Railway Line.  
5 sections of the route are currently open.  
Dorset Countryside, Blandford Forum. ) 01258 456970 (6/11)

**Mountain Bike Guide, Dorset**, Colin Dennis £10 (2007, Ernest Press)