

see *England and Devon*

Cycling in Cornwall www.chycor.co.uk/holidays/cycling-in-cornwall (7/11)

Cornwall's Clay Trails Route Map *FREE (May 2007) or download from*

www.sustrans.org.uk/webfiles/leaflets/Clay%20Trails%20leaflet.pdf

Bugle, Wheal Martyn, Par and the Eden Project

Sustrans.) 0845 113 0065 (7/11)

Mineral Trails Walk Cycle Ride *FREE GUIDE (2009) or download from Mining Trails Guide from*

<http://www.cornwall.gov.uk/default.aspx?page=23234>

Explore 35 mls of trails on foot, bike or horseback and discover Cornwall's mining heritage

Includes the Tehidy Trail; Portreath Branchline Trail (under construction); Trasavean Trail;

Great Flat Lode Trail; Tolgus Trail (to be constructed);

Coast to Coast Trail: Portreath/ Devoran (OS 203,204, GR 65 45/79 39) 11 mls; Redruth & Chasewater Trail
Living Environment, Cornwall County Council.) 01872 322642 (9/11)

The Camel Trail *download leaflet and other details from* www.cornwall.gov.uk/default.aspx?page=13412

A 17 ml recreational route available for walkers, cyclists and horse riders from Padstow-Wadebridge-Poley's Bridge
www.destination-cornwall.co.uk/camel-trail.html (7/11)

Cardinham Woods

feel free to make up your own cycle route, using the many forest roads. Near Bodmin (OS 200, GR 099 667)

www.chycor.co.uk/holidays/cycling-in-cornwall/cardinham/cardinham_woods.htm#cycle%20trail (8/11)

Croyde Cycle & Leisure Map: Cornwall *new map soon*

Croyde Cycle.) 01271 891160. www.croydecycle.co.uk to order (7/11)

Goldeneye Cycling Country Lanes & Byways Maps: £6.99

North & East Cornwall

South & West Cornwall

Goldeneye Maps. www.goldeneyemaps.com to order on-line (7/11)