

see Greater Manchester, Merseyside, Shropshire and Staffordshire

Cheshire East; Cheshire West & Chester

Crewe and Nantwich cycle network (RR75) FREE LEAFLET (September 2003) or download from www.sustrans.co.uk/webfiles/leaflets/Crewe%20and%20Nantwich.pdf (Sustrans.) 0845 113 0065 (7/11)

North Wales, East Flintshire Route Map (NCN 5) (May 2009) download from www.sustrans.org.uk/assets/files/leaflets/Sustrans_EastFlintshire_map_May09web.pdf Chester to Connah's Quay (7/11)

Cycle Cheshire Series routes:

- Biking the Backroads** A ride around Anderton & Great Budworth (OS 118) 13 mls
- Cycling the Salt Ride** A ride between Alsager and Sandbach (OS 118) 16½ mls
- Crossroads around Congleton** A ride around Congleton (OS 118) 20 mls
- Fruits of the Forest** A ride around Delamere & Kelsall (OS 117) 15 mls
- Grit & Gears II** route for mountain bikers from Tegg's Nose Country Park 14 mls
- Hamlets & Hedgerows** A ride around Wrenbury and Marbury (OS 117) 14 mls
- Riding the Ridges** A ride around Pott Shrigley & Rainow (OS 118) 16 mls
- River to Ridge, a ride around Farndon and Harthill** (OS 117) 22 mls
- Signals & Saltmarsh** A ride around Willaston and Parkgate (OS 117) 12 mls
- The Wizard Trail** A ride around Alderley and Henbury (OS 118) 11 mls
- Weaver Wanderer** A family cycle ride around Whitegate and Winsford (OS 118) 11 mls

download all from

www.cheshirewestandchester.gov.uk/transport_and_roads/cycling_and_walking/cycling/cycle_routes_in_cheshire/other_routes.aspx (7/11)

Cycle Chester Low Traffic Access & Traffic free routes download from www.cyclechester.com/cycle_routes.aspx
Cycle Chester Cycle Routes 5, 45, 56, 70, 71 download from www.cyclechester.com/files/CycleChesterA2WEBV.pdf (7/11)

10 Pocket Sized Colourful Cycle Maps for Chester FREE or download and order on-line from www.cyclechester.com/cycle_routes/new_local_maps.aspx

These provide information on safe cycle access to the city centre from residential areas around the city Visitor Information Centre, Chester.) 0845 647 7868 (7/11)

Thornton-le-Moors to Frodsham Greenway download route details from

www.discoverthemerseyforest.co.uk/Route.aspx?region=2&cat=Cycling&refnum=MF000

A guide for cyclists, riders and walkers covering Frodsham, Helsby and Ince Marches (parts NCN 5) (7/11)

NCN 5 Chester to Kidsgrove

NCN 45 Whitchurch to Chester 30 mls

NCN 55 Congleton to Marple 25 mls

NCN 56 Chester to Neston 15 mls

NCN 70 The Cheshire Cycleway (OS 117 & 118) 176 mls signposted

NCN 71 Teggs Nose to Parkgate 62 mls

NCN 73 Congleton to Davenham 18 mls

NCN 74 Wrenbury to Sandbach 15 mls

NCN 75 Market Drayton to Winsford 15 mls

NCN 5 56 70 Cycle Cheshire: The Millennium Route

download all from

www.cheshireeast.gov.uk/transport_and_travel/cycling_and_cycle_lanes/cycling_routes_in_cheshire/national_cycle_network.aspx (7/11)

Traffic free routes for Sandbach, Alsager, Congleton, Macclesfield, Chester, Winsford and Middlewich download from www.cheshireeast.gov.uk/transport_and_travel/cycling_and_cycle_lanes/cycling_routes_in_cheshire/traffic_free_routes.aspx (7/11)

The Bishop Bennet Way download from www.discovercheshire.co.uk/files/PDF/Bishop_Bennett_Way.pdf

near Beeston Castle/Wirswall (near Whitchurch) a 34 ml route for horse riders following bridleways, byways and minor roads through the countryside of southwest Cheshire (7/11)

The Wirral Way download from www.discovercheshire.co.uk/files/PDF/routepacks/wirral_way.pdf (7/11)

Middlewood Way download from

www.cheshireeast.gov.uk/leisure_culture_and_tourism/ranger_service/countryside_sites/macclesfield_area/middlewood_way.aspx

Macclesfield/Marple (NCN 55, OS 118,109, GR 920 741/950 885) 11 mls

A traffic-free trail between the peaks and the plains (7/11)

Chester Cycling Campaign Family Cycle Rides, 7 leaflets download from

www.chestercyclecity.org (maps and routes, family routes)

1. The Dodleston Doodle (15 mls);
2. The Manley Meander (17 mls);
3. The Hockenhall Hobble (20 mls);
4. The River Dee Round (15 mls);
5. The Capenhurst Caper (19 mls);
6. The Backford Beat (17 mls);
7. The Zoo Circular (7½ mls) (7/11)

Delamere Forest Park Guide £2

Delamere Forest Information Centre.) 01606 889792
www.forestry.gov.uk/website/forestry.nsf/byunique/infd-5k2bt9 (7/11)

Cycling along the Shropshire Union Canal, Hargrave/Caughall Bridge, Chester

(OS 117, GR 48 62/41 70) 11 mls
British Waterways. www.waterscape.com/canals-and-rivers/shropshire-union-canal/cycling (7/11)

Cycling in Halton FREE MAP (2010) or download from

<http://www3.halton.gov.uk/transportandstreets/cycling>
includes Cycling in Runcorn and Cycling in Widnes maps
Transport, Halton Borough Council.) 0800 1953 173. Email: ntt@halton.gov.uk (7/11)

A guide to Cycling in Warrington FREE MAP (Issue 2, October 2008) or order from

www.warrington.gov.uk/home/transport_planning_and_environment/travel_transport/cycle_map/
Warrington and the surrounding area
Smarter Choices, Warrington Borough Council.) 01925 443249. Email: smarterchoices@warrington.gov.uk (7/11)

Wilmslow Area Cycle Map FREE (updated 2011)

Wilmslow Library.) 01625 374060. www.cyclewilmslow.org.uk/ (6/11)

Cycling around Manchester Airport (April 2011) download from www.cyclewilmslow.org.uk (7/11)

Congleton Cycle Network Guide FREE (2011 Edition) or download from www.congletoncycling.co.uk?page_id=11

Tourist Information Centre, Congleton.) 01260 271095 (8/11)

Wild Boar Mountain Bike Maps: £2.80 each

4. Mellor Magic; 5. Mellor Mania; 6. Macclesfield Forest & Wildboarclough
8. Bollington, Pott Shrigley to Lyme Park

Bike Maps. www.bikemaps.co.uk/peak_district_maps.htm to order on-line (7/11)

On Your Bike in Cheshire, Sheila Simpson £7.95 (Countryside Books)