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Colne Valley Park Guide *FREE*

Colne Valley Trail, Section 1. Rickmansworth to Uxbridge *FREE LEAFLET*

Colne Valley Trail, Section 2, Uxbridge to Colnebrook and Uxbridge to Langley *FREE LEAFLET currently out of print*

Visitor Centre, Groundwork Colne Valley, Denham.) 01895 833375

www.waterscape.com/things-to-do/cycling/routes/32/cycling-the-colne-valley-trail (6/11)

Cycling on the Commons *FREE LEAFLET*

Wimbledon Common and Putney Heath Cycle Routes (OS 176, GR 22 71)

Wimbledon & Putney Commons Conservators.) 020 8788 7655. Email: rangersoffice@wpcc.org.uk

www.wpcc.org.uk/sport.html (7/11)

Cycling in the Royal Park *FREE LEAFLET*

(OS 176, GR 20 72) Roehampton Gate/Ham Gate (NCN 4, 2½ mls) & the Tasmian Trail, a 7 ml route which runs around the entire perimeter of the park

Off-road cycling is not permitted as the Park has been designated a National Nature Reserve and Site of Special Scientific Interest.

The Royal Parks, Richmond Park.) 020 8948 3209 x254. www.richmondparklondon.co.uk/cycling/ (11/11)

The Wandle Trail download from www.merton.gov.uk/leisure/visiting/attractions/wandletrail.htm

Walk and Cycle Route, East Croydon Station to the River Thames (7/11)

NCN Discover Series Cycle Route Map: Thames Valley

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Barclays Cycle Hire, Map of docking stations download from www.tfl.gov.uk/roadusers/cycling/14808.aspx (7/11)

London Local Cycling Guides *ALL FREE (2010/11)*

- 1 Central London
 - 2 Edgware, Mill Hill, Finchley, Barnet, Southgate, Enfield, Tottenham, Chingford
 - 3 Northwood, Pinner, Ruislip, Stanmore, Harrow, Wembley, Kenton, Edgware, Mill Hill, Hendon
 - 4 Mill Hill, Hendon, Hampstead, Finchley, Wood Green, Tottenham, Chingford, Woodford, Walthamstow, Leyton, Hackney
 - 5 Woodford, Wanstead, Ilford, Romford, Hornchurch, Uppminster, Harold Wood
 - 6 Uxbridge, Hayes, Heathrow, Hounslow, Southall, Greenford, Easling, Willesden, Acton, Chiswick
 - 7 Kensington, Battersea, Brixton, Willesden, Camden Town, Islington, Stepney, West Ham, Poplar, Greenwich, Woolwich
 - 8 Beckton, Barking, Dagenham, Charlton, Woolwich, Plumstead, Erith, Eltham
 - 9 Hounslow, Heathrow, Feltham, Twickenham, Wandsworth, Richmond, Kingston, Surbiton, Sutton, Wimbledon
 - 10 Beckenham, Crystal Palace, Catford, Lewisham, Streatham, Mitcham, Wandsworth, Wimbledon, Kingston, Surbiton
 - 11 Lewisham, Catford, Beckenham, Bromley, Eltham, Bexley, Sidcup, Chislehurst, Orpington
 - 12 Sutton, Coulsdon, Sanderstead, Purley, Carshalton, Wallington, Croydon
 - 13 Coulsdon, Sanderstead, Purley, Croydon, New Addington, Farnborough, Biggin Hill, Orpington
 - 14 Hampstead, Tottenham, Wood Green, Stoke Newington, Hackney, Clapham, Tooting, Streatham, Sydenham
- Transport for London.) 0843 222 1234 or order from <http://www.tfl.gov.uk/roadusers/cycling/11682.aspx> (7/11)

Cycling Barking & Dagenham Cycle map download from <http://lbbd.cyclemaps.org.uk/map/index.html> (7/11)

Bromley's Cycle Routes *FREE MAP (2009)*

Cycling Officer, London Borough of Bromley.) 020 8313 4500. Email: traffic@bromley.gov.uk (9/11)

City of London Cycling Guide *FREE (March 2010)* or download from

www.cityoflondon.gov.uk/NR/rdonlyres/B9AD34C7-237E-4A80-8D05-56DEB349294B/0/HT_FinalCitycycleZcard2010.pdf
Planning & Transportation, Corporation of London.) 020 7332 1811 (6/11)

Walking & Cycling Hammersmith & Fulham *FREE* or download map only from

www.lbhf.gov.uk/Images/Walking_and_Cycling_leaflet_2006_for_web_tcm21-69548.pdf
Cycling Officer, London Borough of Hammersmith & Fulham.) 020 8753 3353. Email: simon.franklin@lbhf.gov.uk (11/11)

Cycling in Kingston *FREE MAP (2011)*

Sustainable Travel Group, London Borough of Kingston.) 020 8547 5865. Email: environment@rbk.kingston.gov.uk (11/11)

Cycling in Lambeth *FREE MAP (2009)* or download from

www.lambeth.gov.uk/Services/TransportStreets/WalkingCycling/040309LambethCycleRoutesMap.htm
Sustainable Transport, London Borough of Lambeth.) 020 7926 0686. Email: cycling@lambeth.gov.uk (2/11)

Cycling in Lewisham *FREE MAP* or download map from

www.lewisham.gov.uk/NR/rdonlyres/6B67918E-FE85-4027-AD4D-A45D08606C0F/0/CycleMap.pdf
Order through website only at www.lewisham.gov.uk/TransportAndStreets/Cycling/ (7/11)

Cycling in Redbridge download from
http://www.redbridge.gov.uk/cms/parking_rubbish_and_streets/general_street_information/cycling.aspx (8MB) (7/11)

London Borough of Southwark LCN & Cycle Network Map
Rotherhithe Cycle Trail Map
download both from www.southwark.gov.uk/downloads/download/181/cycle_routes (7/11)

Cycle Map Tower Hamlets FREE (2010/2011) or download from
www.towerhamlets.gov.uk/lgs/501-550/539_cycle_lanes_and_routes.aspx#map
Cycling Officer, London Borough of Tower Hamlets.) 020 7364 6793 (5/11)

Cycle Routes around Heathrow download from
www.heathrowairport.com/assets/B2CPortal/Static%20Files/cyclemap_03.pdf
Heathrow Cycling and Motorcycling Map (February 2008) download from
www.heathrowairport.com/assets/Internet/Heathrow/Heathrow%20downloads/Static%20files/Cycle_Motorcycle.pdf (7/11)

Cycling in Croydon, Reigate, Redhill & Bromley circuit packs £19.99 for all (individual packs also available)
Cyclecircuits. www.cyclecircuits.co.uk to order on-line (7/11)

30 London Cycle Routes with GPS £7.95
London Cyclist. www.londoncyclist.co.uk/routes/london-cycle-routes-book/ to order on-line (7/11)

Where to Ride London, Nick Woodford £14.95 (2010) www.wheretoridelondon.co.uk
The London Cycling Guide, Tom Bogdanowicz £10.99 (2nd Edition 2011, New Holland Publishers)
30 great routes for exploring the Capital
Cycling traffic free: London, Jules Selmes £9.99 (Ian Allan)
Cycling in London, Max Darkins £9.99 (2010, AA/Sustrans)
On Your Bike: The Thames Valley, Ellen Lee & John Broughton £8.99 (Countryside Books)