

## COUNTRYWIDE PUBLICATIONS – 1 July 2011

Publications covering England, Wales, Scotland and Ireland

**England Wales Border Cycle Map: The Peregrine Path** FREE LEAFLET (March 2006) or download from [www.sustrans.org.uk/assets/files/leaflets/peregrinepath.pdf](http://www.sustrans.org.uk/assets/files/leaflets/peregrinepath.pdf)

Monmouth-Symonds Yat-Goodrich

**North Sea Cycle Route** FREE LEAFLET [www.northsea-cycle.com](http://www.northsea-cycle.com)

Sustrans. ) 0845 113 0065 (7/11)

**Forestry Commission** [www.forestry.gov.uk/cycling](http://www.forestry.gov.uk/cycling) for details of cycle routes in the various forests (7/11)

**British Waterways** [www.waterscape.com/cycling/](http://www.waterscape.com/cycling/)

to download information on towpath cycling and to apply for a permit on-line (7/11)

**Britain's Great Waterways Outdoors**, Philippa Greenwood & Martine O'Callaghan £19.95 (2011)

includes details of many canal side Sustrans routes. [www.greatwaterwaysoutdoors.com](http://www.greatwaterwaysoutdoors.com)

**Britain's Cool Canals**, Philippa Greenwood & Martine O'Callaghan £14.99 (2010)

Slow getaways and different days, includes cycle routes

Cool Canals. [www.coolcanalguides.com](http://www.coolcanalguides.com) to order on-line (7/11)

**Three Rivers Ride, 2 leaflets** £1 each

The Herefordshire Countryside (60 mls) and the Brecon Beacons National Park (35 mls) see Powys also Ride-UK. [www.ride-uk.org.uk/extent/natreg/3rr.htm](http://www.ride-uk.org.uk/extent/natreg/3rr.htm) (7/11) **The Brecon leaflet is out of print**

**The Journeys of Edith Boon** £10 incl. p&p (2001)

Horse riding journeys in 1949, mainly on minor roads. Includes maps and covers England & Wales West Pennine Bridleways Association, c/o Barbara Haigh. ) 0161 633 3004.

[www.bhsnorthwest.org.uk/cgi-bin/news.pl?RecordNumber=541](http://www.bhsnorthwest.org.uk/cgi-bin/news.pl?RecordNumber=541) (7/11)

**MTB routes for the day** £1 each, download from [www.mbruk.co.uk](http://www.mbruk.co.uk)

Routes for England, Wales and Scotland

MBRUK. ) 01460 242788 (7/11)

**Flat Tyres Mountain Bike Routes** [www.flattyresmtbroutes.com](http://www.flattyresmtbroutes.com) or [www.theedgecyclegroups.com/mtbroutes](http://www.theedgecyclegroups.com/mtbroutes)

Mountain bike routes in Cumbria & Lancashire, Yorkshire, Peak District, Border Counties and Wales (7/11)

**Mountain Biking Trail Centres – The Guide**, Tom Fenton £17.95

includes classics such as Dalby, Coed y Brenin and Glentress, lesser-known centres such as Balblair and Coed Trallwm, together with the latest developments including Whinlatter, Rossendale (Adrenaline Gateway) and many new trails at existing centres.

[www.v-outdoor.co.uk/products/index.php?prodCategory=Mountain+Biking](http://www.v-outdoor.co.uk/products/index.php?prodCategory=Mountain+Biking) to order on-line (7/11)

**Mountain Bike Rides: UK Breaks with Bikes**, Max Darkins £24.95

Rough Ride Guide. [www.roughrideguide.co.uk](http://www.roughrideguide.co.uk) to order on-line (7/11)

**The Good Mountain Biking Guide England & Wales** £19.95 (March 2011)

Active Maps Ltd. [www.goodmtb.co.uk](http://www.goodmtb.co.uk) (7/11)

**NCN Discover Series Cycle Route Map:** [www.coast-and-castles.co.uk](http://www.coast-and-castles.co.uk)

**1C: Coast & Castles Cycle Route South, Newcastle-upon-Tyne to Edinburgh (NCN 1)** 200 mls £6.99 (2011)

plus other routes in Northumberland, the Scottish Borders and East Lothian

**Coast and Castles, The Official Guide (NCN 1)**, Andy McCandish (2007, Pocket Mountains)

**NCN Memory Map** £20 (2009)

12,000 miles of walking & cycling routes

**Cycling in the UK, An introduction to the National Cycle Network** £20 (2009, AA/Sustrans)

**Traffic-Free Cycle Trails**, Nick Cotton £14.99 (3rd Edition 2010, CycleCity)

**Cycling Britain**, Etain o'Carroll £15.99 (2nd Edition April 2009, Lonely Planet)

**Lands End to John O'Groats Cycle Guide**, Simon Brown £9.99 (2009 Cicerone)

**Land's End to John O'Groats, The Great British Bike Adventure**, Phil Horsley £12.95 (reprint with corrections 2009, Cordee)

**Land's End to John O'Groats, The Official Cyclist's Challenge Guide**, Brian Smailes £6.95 (2nd Edition 2009, Challenge Publications)

**Border Country Cycle Routes**, John Brewer £12 (2009, Cicerone)

**AA 365 Pub Walks and Cycle Rides in Britain** £30 (2009)

**Where to Mountain Bike in Britain**, Nicky Crowther £11.99 (2004 with revisions in 2005, Open Air Books)

**The Ultimate UK Cycle Route Planner**, Richard Peace £8.95 (2009) 16,500 plus miles of signed leisure routes (Excellent Books)

**Cycling Back to Happiness, Adventure on the North Sea Cycle Route**, Bernie Friend £8.99 (Pen Press Publishers)

**100 Greatest Cycling Climbs**, Simon Warren £8.99 (2010) A road cyclists guide to Britain's Hills

**50 Quirky Bike Rides**, Rob Ainsley £9.99 (June 2008, Eye Books) [www.bike99.com/index.html](http://www.bike99.com/index.html) for samples of the rides  
Eye books. [www.eye-books.com/index\\_imprints.asp](http://www.eye-books.com/index_imprints.asp) to order on-line (7/11)

**Memory Map, Best Rides in Britain Vol 1** £16

100 of Britain's best cycling routes for road or mountain from leading magazines (7/11)