

Colchester Cycle Champions



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Health Champions get on bikes



Cycle Champions has been helping the NHS Health Champions to get cycling and plans are underway to offer more bike rides for residents in Colchester who want to improve their health and have a good time too. Champions has bikes for people to use and trained ride leaders to support people of all abilities.

Workplace Cycle Challenge



Cycle Champions will be running another Workplace Cycle Challenge in May, in conjunction with Challenge for Change. Following the phenomenal success of the last Challenge, Cycle Colchester and Essex County Council have come forward with funding to make another programme possible.

The last activity had 400 people cycling, over 100 cycling for the first time in most cases for years. The cumulative effect was over 18,000 miles cycled. 34 businesses signed up and it is likely that this will increase. The follow up shows that large numbers of those who took part ended up cycling more than they had before.

Look out for further details!

Jobs coming up



There are a number of posts being advertised not too far from Colchester

- Sustrans Area Manager, Greater Essex — Applications by 8 Feb!
Tasked to develop partnerships with local authorities to deliver sustainable transport initiatives. 1 year contract based in Chelmsford £24,000 p.a.
- Sustrans TravelSmart project in Ipswich
2 Project Officers for the period 6th April – 20th August, £18,000 p.a. equivalent — applications by 17 Feb
Project Field Officers — ranging from admin to travel advisors — from £5.85 p/h; advisors £11.50 per household visit — 1 March deadline

Visit <http://www.sustrans.org.uk/about-sustrans/work-for-us>

Transport lecture sure to be controversial



Don't miss one of Britain's leading campaigners for sustainable transport coming to Colchester on Thursday 11th March. This is part of the Mayor's talks season. Tickets £5 from the Mayor's Office, Town Hall. Email mayor@colchester.gov.uk. John Grimshaw CBE is renowned for his outspoken yet inspiring ideas and has worked closely with Cycle Colchester (www.cyclecolchester.org.uk).

Record numbers report potholes



Record numbers of potholes have appeared on roads across the UK following the January freeze. CTC is calling on authorities to take action quickly.

You can report adverse conditions on CTC's pothole reporting tool, www.fillthathole.org.uk.

Colchester Cycle Streets



Looking for a cycle-friendly map of Colchester? Visit <http://colchester.cyclestreets.net>. Thanks to the efforts of Cycle Champions volunteers there is a lot of useful information and loads of great images. Tell us what you think and even better, you can add bits on yourself.